



# DEPENDENT

PSALMS OF THANKSGIVING

SMALL GROUP QUESTIONS



## **Week 1**

**Text:** Psalm 107:1–14

**Topic:** God's Love, Deliverance, Provision, Dependence

**Big Idea of the Message:** God's mercy is cause for thanksgiving; when we cry out to him, he can restore us, even when our troubles are the result of our own sin.

**Application Point:** When we are exhausted from the hard circumstances of life, we must depend on God and not our own strength.

### **Discussion Questions:**

1. What is one thing that stood out to you from this week's message?
2. Have you ever strayed away from God?
3. How often do you thank God for the little things?
4. When is the last time you tried to fix a big problem yourself? Did you ask God for help? What was the outcome when you did/didn't?
5. What do you think it means to depend on God?
6. How can I pray for you?



## **Week 2**

**Text:** Psalm 139:1–12

**Topic:** Anxiety, God's Knowledge, God's Omnipresence, God's Love

**Big Idea of the Message:** When we feel alone, we can be thankful we have a God who knows us intimately and sees us constantly.

**Application Point:** We can trust God with our life and future because his intimate knowledge of us shows him to be trustworthy.

### **Discussion Questions:**

1. What is one thing that stood out to you from this week's message?
2. Have you ever felt alone? What made you feel that way?
3. How does this passage help us understand intimacy with God?
4. Does understanding that God knows you change the way you view your identity?
5. How does this passage help with the way you view the body of Christ?
6. How can I pray for you?



### **Week 3**

**Text:** Psalm 37:1–8

**Topic:** Trust in God, God's Faithfulness, Dependence

**Big Idea of the message:** When we trust in God and commit our ways to him, he shows himself trustworthy.

**Application Point:** We should thank the Lord for providing a way to deal with worldly desires.

### **Discussion Questions:**

1. What is one thing that stood out to you from this week's message?
2. Have you ever been jealous of someone? What made you jealous? How did you deal with it?
3. How does this passage help know how to deal with our enemies?
4. How can you continue to trust God when everything seems to be going wrong?
5. What do you think you could do, practically speaking, to remain steadfast in the faith, particularly when you notice others seeming to ease through life?
6. How can I pray for you?